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## Multiple Myeloma and Plasma Cell Disorders: Update on Diagnosis, Prognosis, Treatment, and Supportive Care

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### **Annenberg Center for Health Sciences at Eisenhower**

39000 Bob Hope Drive, Dinah Shore Bldg. Rancho Mirage, CA 92270

Phone: 760-773-4500

Fax: 760-773-4513

E-mail: [contactce@annenberg.net](mailto:contactce@annenberg.net)

### **Journal of the Advanced Practitioner in Oncology**

94 North Woodhull Road Huntington, NY 11743

Phone: 631-692-0800

Fax: 631-692-0805

E-mail: [editor@advancedpractitioner.com](mailto:editor@advancedpractitioner.com)

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## **FACULTY**

**Kevin Brigle, PhD, ANP**, VCU Massey Cancer Center, Richmond, Virginia

**Donna Catamero, ANP-BC, OCN®, CCRC**, Mount Sinai Health System, New York, New York

**Kathleen Colson, RN, BSN, BS**, Dana-Farber Cancer Institute, Boston Massachusetts

**Beth Faiman, PhD, MSN, APRN-BC, AOCN®, BMTCN, FAAN**, Cleveland Clinic Taussig Cancer Institute, Cleveland, Ohio

**Rebecca Lu, MS, FNP**, The University of Texas MD Anderson Cancer Center, Houston, Texas

**Kimberly Noonan, DNP, ANP-BC, AOCN®**, Dana-Farber Cancer Institute, Boston, Massachusetts

**Tiffany Richards, PhD, ANP-BC, AOCNP®**, The University of Texas MD Anderson Cancer Center, Houston, Texas

**Sandra Rome, RN, MN, AOCN®, CNS**, Cedars-Sinai Medical Center, Los Angeles, California

**Mary Steinbach, DNP, APRN**, Huntsman Cancer Institute, University of Utah, Salt Lake City, Utah

**Daniel Verina, DNP, ACNP-BC**, Mount Sinai Medical Center, New York, New York

## **INTENDED AUDIENCE**

The activity is designed for advanced practitioners (nurse practitioners, physician assistants, clinical nurse specialists, advanced degree nurses, and pharmacists) who treat patients with multiple myeloma and plasma cell disorders.

## LEARNING OBJECTIVES

At the conclusion of this activity, participants should be better able to:

- Discuss symptoms and appropriate management associated with multiple myeloma treatment regimens for patients at different stages, from newly diagnosed through heavily pretreated.
- Develop awareness of health-care disparities and psychosocial impacts faced by patients with multiple myeloma.
- Employ strategies for improving patient adherence and satisfaction with treatment outcomes via approaches such as setting expectations and shared decision-making.

## CONTINUING EDUCATION



**Physician Assistants.** This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 2.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 6/30/2022 to 7/1/2023. AAPA reference number: CMA-206342.



**Nurses.** The Annenberg Center for Health Sciences at Eisenhower is accredited as a provider of nursing continuing professional education development by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 2.5 contact hours, which includes 1.25 pharmacology hours, may be earned for successful completion of this activity.



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In accordance with the Accreditation Council for Continuing Medical Education Standards, parallel documents from other accrediting bodies, and Annenberg Center for Health Sciences policy, the following disclosures have been made.

## DISCLOSURES

**Kevin Brigle, PhD, ANP**, has served on speakers bureaus for AstraZeneca, Bristol Myers Squibb, Karyopharm, Oncopeptides, and Sanofi.

**Donna Catamero, ANP-BC, OCN®, CCRC**, has served on speakers bureaus for Oncopeptides and GSK and advisory boards for Bristol Myers Squibb, GSK, and Legend Biotech.

**Kathleen Colson, RN, BSN, BS**, has served as a consultant for Bristol Myers Squibb, Oncopeptides, and Sanofi.

**Beth Faiman, PhD, MSN, APRN-BC, AOCN<sup>®</sup>, BMTCN, FAAN**, has served as a consultant for Bristol Myers Squibb, GSK, Janssen, Karyopharm, Legend Biotech, Oncopeptides, Sanofi, and Takeda.

**Rebecca Lu, MS, FNP**, has nothing to disclose.

**Kimberly Noonan, DNP, ANP-BC, AOCN<sup>®</sup>**, has nothing to disclose.

**Tiffany Richards, PhD, ANP-BC, AOCNP<sup>®</sup>**, has served as a consultant for Bristol Myers Squibb, GSK, Janssen/Legend Biotech, Sanofi, and Takeda.

**Sandra Rome, RN, MN, AOCN<sup>®</sup>, CNS**, has nothing to disclose.

**Mary Steinbach, DNP, APRN**, has served on speakers bureaus for GSK and Karyopharm.

**Daniel Verina, DNP, ACNP-BC**, has served on speakers bureaus for Bristol Myers Squibb, GSK, Janssen, Karyopharm, Sanofi, and Takeda.

### ADDITIONAL CONTENT PLANNERS

**Andrea Edwards, PA-C** (Peer Reviewer), has served as a speaker for Pfizer.

**Beth Faiman, PhD, MSN, APRN-BC, AOCN<sup>®</sup>, BMTCN, FAAN** (Nurse Planner), has served as a consultant for Bristol Myers Squibb, GSK, Janssen, Karyopharm, Legend Biotech, Oncopeptides, Sanofi, and Takeda. Staff at the Annenberg Center for Health Sciences at Eisenhower have no relevant financial relationships to disclose.

Harborside and Harborside Medical Education staff have nothing to disclose.

International Myeloma Foundation staff have nothing to disclose.

All of the relevant financial relationships listed for these individuals have been mitigated.

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